First-time managers: The new front line of transformation

An international survey

reveals who they are, the challenges they face, and how to empower them.



ABOUT THE SURVEY

Conducted by Cegos in March 2025 across 10 countries in Europe, Latin America, and Asia with:



First-time managers are highly

HIGH COMMITMENT, STRONG ENGAGEMENT

motivated and performance-focused:









Despite motivation,

A DEMANDING ROLE UNDER PRESSURE

real-world tensions are rising:



intra-team conflicts face rising workload

deal with inter- and

frequently manage emergencies

Effective decision-making

to succeed:

Transparent communication

Team well-being focus **Empathy** Time and priority management

TRAINING & SUPPORT: KEY TO SUCCESS

56% 74%

Support makes a clear

difference:





received pre-role



are equipped to bring

in organisational

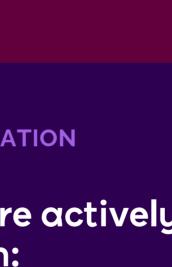
transformations

77%

benefited from

mentoring,

coaching or



resources



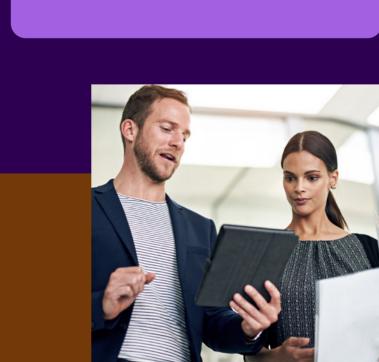
CSR initiatives

are supported

in Al adoption

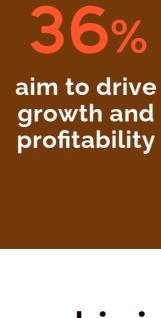
courses





first-time managers:







First steps, big impacts.

First-time managers are motivated, aware of their challenges and ready to lead change. Their success depends on how we support and train them.

